

# Kristen Wray Springer

Assistant Professor  
Department of Sociology  
Rutgers University  
54 Joyce Kilmer Avenue  
Piscataway, NJ 08854  
[kspringer@sociology.rutgers.edu](mailto:kspringer@sociology.rutgers.edu)

RWJ Health & Society Scholar  
Columbia University  
722 West 168th Street  
Room 1603  
New York, NY 10032  
[ks2674@columbia.edu](mailto:ks2674@columbia.edu)

## ACADEMIC POSITIONS:

2008 – present Robert Wood Johnson Health and Society Scholar, Columbia University

2006 – present Assistant Professor, Department of Sociology and Institute for Health, Health Care Policy and Aging Research. Rutgers, The State University of New Jersey (On leave 2008-2010)

## EDUCATION:

2000 – 2006 Ph.D. Sociology, University of Wisconsin-Madison  
Dissertation: “His and Her Marriage Today: The Impact of Wives’ Employment on Husbands’ Later Mid-Life Health”

*Roberta J. Simmons Outstanding Dissertation Award, American Sociological Association, Medical Sociology Section*

*Kathryn DuPre Lumpkin Outstanding Dissertation Award, University of Wisconsin-Madison, Department of Sociology*

1998 – 2000 M.A. Sociology, Yale University

1995 – 1997 M.P.H. Behavioral Science & Health Education, Emory University School of Public Health

1990 – 1994 B.S. Chemistry, University of California at Santa Cruz

## SPECIALIZATIONS:

Medical Sociology, Gender, Family, Aging, Methodology

## PUBLICATIONS IN PEER-REVIEWED JOURNALS:

Lisa Bates, Olena Hankivsky & **Kristen W. Springer**. *In Press*. “Gender and Health Inequities: A Comment on the WHO Commission on the Social Determinants of Health Final Report.” *Social Science & Medicine*.

**Kristen W. Springer**. 2009. “Childhood Physical Abuse and Mid-Life Physical Health: Testing a Multi-Pathway Life Course Model.” *Social Science & Medicine*. 69(1). 138-146.

**Kristen W. Springer**, Brenda K. Parker & Catherine Leviten-Reid. 2009. "Making Space for Graduate Student Parents: Practice and Politics." *Journal of Family Issues*. 30. 435-457.

**Kristen W. Springer**, Jennifer Sheridan, Daphne Kuo & Molly Carnes. 2007. "Long-Term Physical and Mental Health Consequences of Childhood Physical Abuse: Results from a Large Population-Based Sample of Men and Women." *Child Abuse & Neglect: The International Journal*. 31(5). 517-530.

**Kristen W. Springer**. 2007. "Research or Rhetoric? A Response to Wilcox and Nock." *Sociological Forum*. 22(1). 112-117.

Commented on by Amy L. Wax, Jennifer Glass, Jeremy Reynolds, Norval D. Glenn, Scott Coltrane, Janet M. Ruane, Susan Markens, Julie E. Press, Laura Kramer, Kathleen Gerson, and Paula England in "The Forum Mailbox." *Sociological Forum*. 22(3). 354-362.

**Kristen W. Springer**, Robert M. Hauser & Jeremy Freese. 2006. "Bad News Indeed for Ryff's Six-Factor Model of Well-Being." *Social Science Research*. 35(4). 1120-1131.

**Kristen W. Springer** & Robert M. Hauser. 2006. "An Assessment of the Construct Validity of Ryff's Scales of Psychological Well-Being: Method, Mode and Measurement Effects." *Social Science Research*. 35(4). 1080-1102.

Tom Stopka, **Kristen W. Springer**, Kaveh Khoshnood, Susan Shaw & Merrill Singer. 2004. "Writing About Risk: Use of Daily Diaries in Understanding Drug-User Risk Behaviors." *AIDS and Behavior*. 8(1).73-85.

William H. Sewell, Robert M. Hauser, **Kristen W. Springer** & Taissa S. Hauser. 2004. "As We Age: A Review of the Wisconsin Longitudinal Study, 1957-2001." *Research in Social Stratification and Mobility*. 20. 3-111.

**Kristen W. Springer**, Jennifer Sheridan, Daphne Kuo & Molly Carnes. 2003. "The Long-Term Health Outcomes of Childhood Abuse: An Overview and a Call to Action." *Journal of General Internal Medicine*. 18(10). 864-870.

Wendy Blumenthal, **Kristen W. Springer**, T. Stephen Jones & Claire Sterk. 2002. "Pharmacy Student Knowledge, Attitude, and Beliefs about Selling Syringes to Injection Drug Users." *Journal of the American Pharmaceutical Association*. 52(6), Supplement 2, S34-S39.

Dalton Conley & **Kristen W. Springer**. 2001. "Welfare State and Infant Mortality." *American Journal of Sociology*. 107(3), 768-807.

Molly Carnes, Gloria Sarto & **Kristen W. Springer**. 2001. "Correspondence: Managing Depression in Outpatients." *New England Journal of Medicine*. 344(16), 1251-1253.

Merrill Singer, Tom Stopka, Cara Siano, **Kristen W. Springer**, George Barton, Kaveh Khoshnood, Robert Heimer & April Gorry de Puga. 2000. "The Social Geography of AIDS and Hepatitis Risk: Qualitative Approaches for Assessing Local Differences in Sterile Syringe Access among Injection Drug Users." *American Journal of Public Health*. 90(7), 1049-1056.

**Kristen W. Springer**, Claire Sterk, T. Stephen Jones & Laurie Friedman. 1999. "Syringe Disposal Options for Injection Drug Users: A Community-Based Perspective." *Substance Use & Misuse*. 34, 1917-1934.

Grace Macalino, **Kristen W. Springer**, Zeenat S. Rahman, David Vlahov & T. Stephen Jones. 1998. "Community-Based Programs for Safe Needle and Syringe Disposal." *Journal of Acquired Immune Deficiency Syndromes and Human Retrovirology*. 18 (Suppl 1), S111-S119.

T. Daniel Crawford, **Kristen W. Springer** & Henry F. Schaefer. 1995. "A Contribution to the Understanding of the Structure of Xenon Hexafluoride." *Journal of Chemical Physics*. 102, 3307-3311.

Julie Evans, **Kristen W. Springer** & Jin Z. Zhang. 1994 "Femtosecond Studies of Interparticle Electron Transfer in a Coupled CdS-TiO<sub>2</sub> Colloidal System." *Journal of Chemical Physics*. 101, 6222-6225.

#### **ELECTRONIC PUBLICATION:**

**Kristen W. Springer**. 2009. Review of "All of Us," "Living on the Fault Line: Where Race and Family Meet," and "I Have No Memory of My Direction." *Signs: Journal of Women in Culture and Society: Films for the Feminist Classroom*. 1.1 ([http://www.signs.rutgers.edu/issue\\_1-1.html](http://www.signs.rutgers.edu/issue_1-1.html)).

#### **BOOK CHAPTER:**

Catherine Leviten-Reid, Brenda K. Parker & **Kristen W. Springer**. 2008. (In alphabetical order). "Learning Through Life: Balancing Graduate School and Motherhood": In *Academic Street Smarts: Informal Professionalization of Graduate Students in Sociology*, edited by Ira Silver and Dave Shulman. Washington DC: American Sociological Association.

#### **EDITORIALS/OP-EDS:**

**Kristen W. Springer**. 2006. "Old Attitudes are no Reason to Avoid a Smart Career Woman." Op-Ed. *Newsday*. (8/31/06)

Reprinted or reprised in: *Canton Repository, Gulf News, Pittsburgh Tribune Review, Salt Lake Tribune, The Week Magazine*.

#### **RESEARCH REPORTS:**

**Kristen W. Springer** & Claire Sterk. 1998. "Metropolitan Atlanta Drug Abuse Trends." *Epidemiological Trends in Drug Abuse*. Rockville: NIDA. June, 1998.

Claire Sterk & **Kristen W. Springer**. 1997. "Metropolitan Atlanta Drug Abuse Trends." *Epidemiological Trends in Drug Abuse*. Rockville: NIDA. December, 1997.

#### **MANUSCRIPTS UNDER REVIEW:**

David Russell, **Kristen W. Springer** & Emily A. Greenfield. "Witnessing Domestic Abuse in Childhood as an Independent Risk Factor for Depressive Symptoms in Young Adulthood." (Conditionally accepted).

Deborah Carr & **Kristen W. Springer**. (In alphabetical order). "Advances in Families and Health Research in the 21<sup>st</sup> Century." (Revised and resubmitted).

**Kristen W. Springer**. "His and Her Marriage Today: Wives' Income and Husbands' Midlife Health." (Revise and resubmit).

**Kristen W. Springer**. "Breadwinner Anxiety and Husbands' Health: How Old Ideas of Masculinity Can Hurt." (Revise and resubmit)

**Kristen W. Springer**. "The Race and Class Privilege of Motherhood: *New York Times* Presentations of Pregnant Drug-Using Women." (Revise and resubmit).

**Kristen W. Springer**. "Do Wives' Work Hours Hurt Husbands' Health? Reassessing the Carework Deficit Thesis." (Under review).

**Kristen W. Springer** & Dawne Mouzon. "Masculinity and Health Care Seeking Among Midlife Men: Variation by Adult Socioeconomic Status." (Under review).

Featured in national and international news outlets including: *The New York Times*, *ABC News*, *LA Times*, *MSNBC*, *Toronto Star*, *Times of India*, *USA Today*, *U.S. News & World Report*.

#### **WORK IN PROGRESS:**

**Kristen W. Springer** & Dawne Mouzon. "Where Theory and Measurement Meet: Operationalizing Hegemonic Masculinity for Population-Based Surveys of Older Men."

**Kristen W. Springer** & Jeanne Mager Stellman. "Developing an Analytic Framework for Assessing Reports of Biologically Based Sex Differences in Health."

**Kristen W. Springer** & Chioun Lee. "Husbands' Health and Marital Satisfaction: The Health Effects of Economic Dependency Across the Life Course."

#### **FUNDED RESEARCH SUPPORT:**

2008-2010 *Principal Investigator*: "Gender and Health Working Group: Developing a Cross-Disciplinary Dialogue on Genetic, Biological, Social, and Structural

Determinants of Gendered Health” Robert Wood Johnson Health & Society Scholars Grant. \$20,000.

- 2008-2010 *Principal Investigator*: “Husbands' Health and Marital Satisfaction: The Health Effects of Economic Dependency Across the Life Course.” Robert Wood Johnson Health & Society Scholars Grant. \$14,100.
- 2007 *Principal Investigator*: “Husbands’ Health: Effects of Income and Occupation Trajectories.” Rutgers University Research Council Grant. \$3,000.
- 2005 – 2006 Dissertation Fellowship, University of Wisconsin-Madison
- 2002 – 2005 National Institute on Aging Pre-Doctoral Trainee, University of Wisconsin-Madison
- 1999 George W. Camp Mini Grant, Yale University, Department of Sociology
- 1998 – 2000 Ph.D. Fellowship, Yale University
- 1995 – 1997 Woodruff Fellowship, Emory University

#### **HONORS AND AWARDS:**

- 2007; 2008 Undergraduate Teaching Honor Roll, Rutgers University, Department of Sociology
- 2007 Roberta J. Simmons Outstanding Dissertation Award, American Sociological Association, Medical Sociology Section
- 2007 Kathryn DuPre Lumpkin Outstanding Dissertation Award, University of Wisconsin-Madison, Department of Sociology
- 2006 Graduate Student Paper Award, Society for the Study of Social Problems, Health, Health Policy, and Health Services Division
- 2006 Graduate Student Mentor Award, University of Wisconsin-Madison
- 2004 Graduate Student Paper Award, Society for the Study of Social Problems, Health, Health Policy, and Health Services Division

#### **INVITED PRESENTATIONS:**

- 2008 “Breadwinner Anxiety and Husbands’ Health: How Old Ideas of Masculinity Can Hurt.”  
Columbia University, Center on Family Demography and Public Policy.  
December 2008.

- 2008 “Learning Through Life: Balancing Graduate School and Motherhood.”  
Directors of Graduate Studies Conference, American Sociological Association Annual Meeting. July 2008.
- 2008 “The Health Consequences of ‘Good Breadwinner’ and ‘Good Parent’ Work-Family Strategies for Three Cohorts Of Men And Women.”  
University of Wisconsin-Madison, Sociology Department. April 2008.
- 2007 “Breadwinner Anxiety and Husbands’ Health: How Old Ideas of Masculinity Can Hurt.”  
Eastern Sociological Society Annual Meeting. March 2007.
- 2006 “Starving Hearts and Changing Gendered-Expectations: Gendered Models of How Wives’ Income Impacts Husbands’ Later Mid-Life Health.”  
Prize Presentation, Society for the Study of Social Problems Annual Meeting. August 2006.
- 2004 “How Does Childhood Physical Abuse Negatively Impact Adult Health? Testing a Multi-Pathway Model.”  
Prize Presentation, Society for the Study of Social Problems Annual Meeting. August 2004.
- 2003 “Long Term Consequences of Childhood Physical Abuse.”  
Life Course Inequality: Adverse Childhood Experiences and Adult Health Symposium. Center for Aging and the Life Course, Purdue University. September 2003.

**SELECT REFEREED CONFERENCE PRESENTATIONS:**

- 2009 “Masculinity and Healthcare Seeking among Midlife Men: Variation by Adult SES.” (with D. Mouzon).  
American Sociological Association Annual Meeting. August 2009
- 2008 “The Ups and Downs of Income in Marriage: Health Effects of Husbands’ Economic Dependence Across the Lifecourse”  
Gerontological Society of America Annual Meeting. November 2008
- 2008 “Masculinity and Health Care Seeking among Midlife Men: Variation by Social Context.” (with D. Mouzon).  
American Sociological Association Annual Meeting. August 2008.
- 2008 “Making Space for Graduate Student Parents: Work/Family Strategies in Sociology Departments.” (with B.K. Parker, & C. Leviten-Reid).  
American Sociological Association Annual Meeting. August 2008.
- 2008 “The Health Consequences of Good Breadwinner and Good Parent Work-

- Family Strategies for Three Cohorts of Men and Women.” (with D. Carr).  
Population Association of America Annual Meeting. April 2008
- 2008 “Work-Family Strategies and the Quality of Parent-Child Relationships Across Three Cohorts of Parents.” (with D. Carr).  
Eastern Sociological Society Annual Meeting. February 2008.
- 2007 “Health Problems of ‘Manly’ Men: Masculinity and Health Among Midlife Men.” (with D. Mouzon)  
Gerontological Society of America Annual Meeting. November 2007
- 2007 “Breadwinner Anxiety and Husbands’ Health: How Old Ideas of Masculinity Can Hurt.”  
American Sociological Association Annual Meeting. August 2007
- 2007 “His and Her Marriage Today: Gendered Models of How Wives’ Income Impacts Husbands’ Later Mid-Life Health.”  
Population Association of America Annual Meeting. March 2007.
- 2006 “Socioeconomic Status, Health, and Psychological Well-Being: Findings from the Wisconsin Longitudinal Study.” (with T. Pudrovska & R.M. Hauser)  
Population Association of America Annual Meeting. March 2006.
- 2005 “What’s Love Got to Do with It? Cross-Spouse SES Effects on Health”  
Gerontological Society of America Annual Meeting. November 2005.
- 2005 “Does Psychological Well-Being Change with Age? (with T. Pudrovska & R.M. Hauser)  
Gerontological Society of America Annual Meeting. November 2005.
- 2003 “The Long-Term Health Consequences of Childhood Physical Abuse: Evidence from a Large Sample of Middle-Aged Men and Women.” (with M. Carnes, D. Kuo & J. Sheridan).  
Population Association of America Annual Meeting. May 2003.
- 2003 “The Measurement and Meaning of Psychological Well-Being Among Midlife Adults: Results from the WLS, NSFH, and MIDUS.” (with R.M. Hauser).  
Population Association of America Annual Meeting. May 2003.
- 2003 “Blaming Pregnant Drug Users for the Changing American Family & The Race and Class Privilege of Motherhood.”  
American Sociological Association Annual Meeting. August 2003.
- 2000 “Social Mapping of AIDS Risk: Understanding Neighborhoods Through the Eyes of Injection Drug Users.” (with T. Stopka et al.)  
American Public Health Association Annual Meeting. November 2000.

- 2000 “Getting Closer: Use of Diary-Interviews to Study HIV Risk Among Injectors.” (with K. Khoshnood et al.)  
American Public Health Association Annual Meeting. November 2000.
- 1998 “Burning Lips: HIV Risk Among Crack Users.” (with D. German, C. Sterk & K. Miner).  
American Public Health Association Annual Meeting. November 1998
- 1997 “Syringe Disposal Interventions for Injection Drug Users: A Formative Evaluation.” (with C. Sterk et al.).  
American Public Health Association Annual Meeting. November 1997.

**SELECT UNIVERSITY COLLOQUIA PRESENTATIONS:**

- 2006 “Starving Hearts and Changing Gendered-Expectations: Gendered Models of How Wives’ Income Impacts Husbands’ Later Mid-Life Health.”  
Institute for Health, Health Care Policy, and Aging Research.  
September 2006.
- 2005 “‘His’ and ‘Her’ Marriage Today: The Impact of Spousal Employment and Caregiving on Later Mid-Life Health.”  
Demography and Ecology Seminar. University of Wisconsin-Madison.  
July 2005.
- 2005 “Dimensions of Change in Well-Being across the Life Course.” (with T. Pudrovska & R.M. Hauser)  
Wisconsin Longitudinal Study Seminar. University of Wisconsin-Madison. July 2005.
- 2004 “‘His’ and ‘Her’ Marriage Today: The Impact of Spousal Employment and Caregiving on Later Mid-Life Health.”  
Training Seminar in Gender. University of Wisconsin-Madison. July 2004
- 2003 “The Long-Term Health Consequences of Childhood Abuse.” (with M. Carnes, J. Sheridan & D. Kuo).  
Demography of Health & Aging Seminar. University of Wisconsin-Madison. March 2003.
- 2002 “The Measurement and Meaning of Psychological Well-Being Among Midlife Adults: Results from the WLS, NSFH, and MIDUS.” (with R.M. Hauser).  
Demography of Health & Aging Seminar. University of Wisconsin-Madison. April 2002.
- 1999 “The Political Sociology of Infant Mortality: Welfare State Spending, Globalization and Death Rates.” (with D. Conley).  
RWJ Health Policy Scholars’ Seminar. Yale University. November 1999.

**TEACHING:**

Analyses of Sociological Data II (graduate)  
Sociology of the Family (graduate and undergraduate)

**FORMAL MENTORING:**

- 2007 – 2009 Postdoctoral Mentor, The Mental Health Services and Systems Research  
Postdoctoral Training Program, Rutgers University  
David Russell, Ph.D.
- 2008 – present Qualifying Paper Committee Chair, Department of Sociology, Rutgers  
University  
Chioun Lee; Brian Emerson McCormick
- 2007 – present Dissertation Committees, Department of Sociology, Rutgers University  
Ivana Brown; Anna Forster; Dawne Mouzon
- 2007 – present Qualifying Paper Committee Member, Department of Sociology, Rutgers  
University  
Laurie Cohen (defended 2008); Oh Jung Kwon (defended 2008); Colleen  
Nugent (defended 2009); Alexis Merdjanoff
- 2007 – present Research Supervision/Independent Study, Department of Sociology, Rutgers  
University  
Carolyn Barber; Laurie Cohen; Chioun Lee; Brian Emerson McCormick;  
Dawne Mouzon
- 1998 M.P.H. Committees, Rollins School of Public Health, Emory University  
Wendy Blumenthal (defended 1998); Danielle German (defended 1998)

**SERVICE TO THE DISCIPLINE:**

- 2008 – 2009 Co-Organizer (with Deborah Carr), “Work/Family Strategies Across the Life  
Course.” Earning and Caring: New Inequalities, Strategies for Change Mini-  
Conference, Eastern Sociological Society Annual Meeting.
- 2008 – 2009 Member, American Sociological Association, Medical Sociology Section’s  
Nominations Committee.
- 2008 – 2009 Member, American Sociological Association, Medical Sociology Section’s  
Roberta J. Simmons Outstanding Dissertation Award Committee.
- 2008 Member, Society for the Study of Social Problems Youth, Aging & the Life  
Course Graduate Student Paper Award Committee.

- 2008 Organizer, “Mental Health Across the Life Course.” Society for the Study of Social Problems Annual Meeting.
- 2008 Discussant, “Marital Status and Health.” Population Association of America Annual Meeting.
- 2008 Organizer, “The Practice and Politics of Integrating Social and Biological Data for Social Research.” Eastern Sociological Society Annual Meeting.
- 2008 Organizer, “New Directions in Marriage and Health Research.” Eastern Sociological Society Annual Meeting.
- 2007 Member, Society for the Study of Social Problems Health Division’s Graduate Student Paper Award Committee.
- 2007 Discussant, “Constructing Motherhood.” American Sociological Association Annual Meeting.

Reviewer for: *American Journal of Sociology*, *American Sociological Review*, *Journal of Health and Social Behavior*, *Journal of Marriage and the Family*, *Psychological Assessment*, *Social Problems*, *Social Science & Medicine*, *Social Science Research*, *Sociological Forum*.

**SERVICE TO RUTGERS UNIVERSITY:**

- 2009 – 2010 Recruitment Committee, Department of Sociology
- 2009 – 2010 Colloquium Committee, Department of Sociology
- 2008 – 2009 Social Demography Assistant Professor Search Committee, Department of Sociology
- 2008 Graduate Student Professionalization Workshop: Presenting at Academic Conferences.
- 2007 – 2008 Work Family Committee, Rutgers University AAUP-AFT
- 2007 – 2008 Graduate Program Committee (elected), Department of Sociology
- 2007 – 2008 Executive Committee (elected), Department of Sociology
- 2007 – 2008 Recruitment Committee, Department of Sociology
- 2006 – 2008 Computing Committee, Institute for Health, Health Care Policy and Aging Research.

- 2006; 2007; 2008 Graduate Student Professionalization Workshop: Going on the Job Market, Department of Sociology.
- 2007 Graduate Student Professionalization Workshop: Choosing a Dissertation Committee, Department of Sociology.
- 2006 – 2007 Sociology of Science Assistant Professor Search Committee, Department of Sociology.
- 2006 Faculty Mentor Panel, Women's Basketball Team, Rutgers University.

**SELECT MEDIA CONTACTS:**

*ABC, Chicago Tribune, Home News Tribune, LA Times, MSNBC, The New York Times, Newsday, The Week Magazine, USA Today, US News & World Report, Washington Post Magazine, Wisconsin State Journal.*

**PROFESSIONAL AFFILIATIONS:**

American Sociological Association, Eastern Sociological Society, Gerontological Society of America, Population Association of America, Sociologists for Women in Society